



# Questions to jump-start your year

The things we hold dear—our faith, values and life experiences—motivate our plans for the future. This worksheet is a starting point to help you move from ideas to action. When engaging in this process, remember that a hope without a plan is merely a wish, so these questions are designed to move you from wishing to strategic action. What moves do you need to make to live a life of whimsy and leave a legacy to those who matter most to you?

**Start with the present.** What does it feel like to be you right now?

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**Dream of the future.** What does the future look like? What are you running towards?

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**Your guiding values.** What values are important to you? Which do you want expressed through your life?

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**Your faith.** How does your faith influence your life?

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**Support team.** Who is in your cabinet to support you? Who are the people you want to leave a legacy for?

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**Action plan.** What are you going to do about it? Hope without a plan is just a wish.

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