



Questions to jump-start your year

The things we hold dear—our faith, values and life experiences—motivate our plans for the future. This worksheet is a starting point to help you move from ideas to action. When engaging in this process, remember that a hope without a plan is merely a wish, so these questions are designed to move you from wishing to strategic action. What moves do you need to make to live a life of whimsy and leave a legacy to those who matter most to you?

Start with the present. What does it feel like to be you right now?

Dream of the future. What does the future look like? What are you running towards?

Your guiding values. What values are important to you? Which do you want expressed through your life?

Your faith. How does your faith influence your life?

Support team. Who is in your cabinet to support you? Who are the people you want to leave a legacy for?

Action plan. What are you going to do about it? Hope without a plan is just a wish.
